

Come and sing

Why not join your local community choir

A non-auditioning, all-embracing choir led by the dynamic Musical Director MJ Paranzino, singing MOZART TO ABBA, GOSPEL TO SWING, MUSICALS and NEW contemporary works! Everyone is welcome!

Singing - it's like aerobics for the soul - a really fun, feel-good, stress-busting affordable activity. Why not give it a try? JUST SHOW UP AND SING!

**You, too, can be a singer in MJ's Choirs.
Just do it, Come and Sing!**

West London Choir - Mondays 7.15 to 9.15pm in Notting Hill
www.westlondonchoir.co.uk

South London Choir - Tuesday 7.15 to 9.15pm in Balham
www.southlondonchoir.co.uk

The Brighton City Singers - Wednesday 7 to 9pm in Hove
www.brightoncitysingers.co.uk

The Hastings Town Singers - Thursday 7 to 9pm in Hastings
www.hastingstownsingers.co.uk



"I joined the choir on Tuesday nights - probably one of the best decisions I've ever made. It's given me a complete new outlook on life... I've been in care and in prisons throughout my life. I'm now 51 and I can honestly say I've changed. This has helped me beyond words"

Ex-offender, now singing with MJ's Community Choirs

The Liberty Choir provides support to prisoners inside, and gives them somewhere to go when they are released. Every week volunteers from MJ's Community Choirs sing with prisoners, who learn about teamwork and positive relationships, along with basic literacy and numeracy skills. When they leave, former prisoners are welcomed to join their new friends in the Community Choirs.

Thank you for your support.

Find out more:

www.libertychoir.org

[@libertychoir](https://twitter.com/libertychoir)